

## Module 18

# Practical Skills

## A Review of the Module



Module 18 enables adults to gain and develop practical skills for the benefit of their Section.

### Key Objectives

There are five overall objectives for this module:

1. Develop their personal ability in any two practical skills that may be used in the programme offered to young people.
2. Use at least one of the skills developed for objective one in the programme offered to young people.
3. Describe effective methods of learning for adults and young people.
4. Select appropriate training techniques to meet different training needs.
5. Demonstrate how a young person is effectively trained and developed in a practical skill.

### How to use this review sheet:

- This sheet is NOT an alternative to Module 18 training.
- It can be used by Training Advisers to help decide if training is required.
- It can be used as a review for those who have attended or completed Module 18 training.

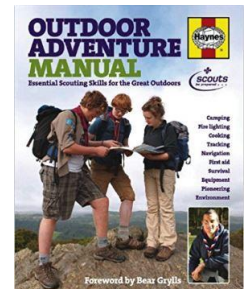
March 2017

### Resources

**Outdoor Adventure Manual: (Scout Shops ~~£21.99~~ £14.00, Amazon £18.62)**  
**Essential scouting skills for the great outdoors**

Haynes has joined forces with the Scout Association to create this hands-on, inspirational manual for enjoying the great outdoors, whether hiking for the day or camping in the back of beyond. Featuring step-by-step guides to a range of key backwoods skills such as trekking, navigating, camping, firelighting and cooking, backed by hundreds of colour photographs, this is the ultimate introduction to outdoor skills for anyone wanting to get out there; quite simply all you need to know. Food: wild plants, foraging, fishing, backwoods cooking, outdoor ovens. Knots untangled: knots, lashings and pioneering projects. Safety and first aid: dealing with emergency situations.

**With a foreword by Chief Scout Bear Grylls.**

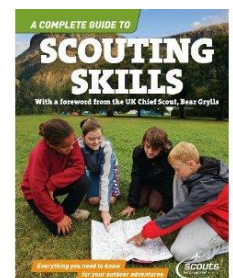


### A Complete Guide to Scouting Skills

**By Jacqui Bailey, Scout Shops: out of print? (Possibly available from Amazon)**

Whether it is about making plans, sleeping outdoors, fire, food and cooking, or what to do in an emergency, this book has it all and much, much more. With expert advice from The Scout Association based on over 100 years' experience in the outdoors, you'll be prepared for any adventure. The book covers chapters on exploring outdoors, hiking and hill walking, finding your way, knots, lashing and gadgets and outdoor skills and sports.

**With a foreword by Chief Scout Bear Grylls.**



[www.scouts.org.uk](http://www.scouts.org.uk) > [Member resources](#) > [Activities](#) > [Resources and ideas](#) > [Scouting skills](#)  
Information Sheets on 24 Scouting Skills from Basic Cooking to Wide Games via Lashings and Tent Pitching

### Validation Criteria

**To validate this module the learner will need to:** Discuss with a Training Adviser the importance of the development and use of practical skills in providing a balanced programme, and how they have gained or improved a skill in at least two subjects for the benefit of their section.

**And complete TWO of the following:**

1. Demonstrate the use of at least two practical skills.
2. Demonstrate the use of at least one new or developed skill in your Scouting role.
3. Instruct or demonstrate at least two practical skills to a young person.
4. Any other ideas, subject to agreement with a Training Adviser.

## Module 18 Practical Skills

The best method of teaching a practical skill is to explain what you are going to do, demonstrate the skill or activity and then get people to have a go themselves.

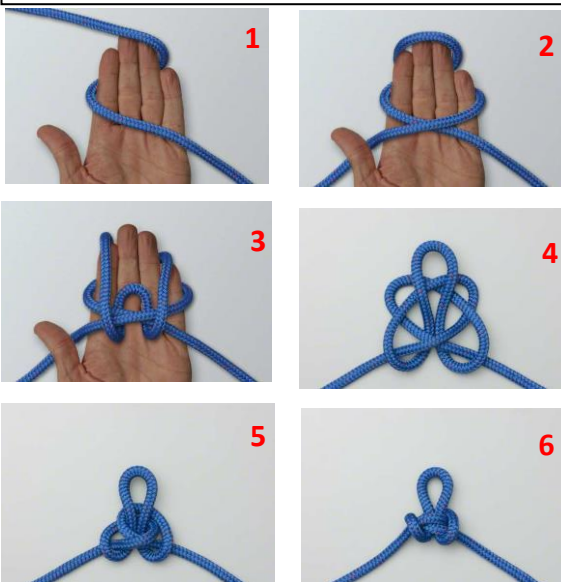
**What I hear, I forget,  
What I see, I remember,  
What I do, I know.**

### Suggestions for Teaching Practical Skills to Children

- Choose a skill that is appropriate for the age group
- Wherever possible, try to incorporate the training into a fun activity
- Be prepared to repeat the demonstration as often as necessary, perhaps using different words/phrases
- Explain what you are doing, and why
- Encourage questions
- Give the learner the opportunity to carry out the skill
- Give constructive feedback
- Allow time for practice, but:
- Move on before boredom sets in. If necessary, return another day
- Be patient: we all have different capabilities and some find practical skills difficult to master



### The Alpine Butterfly Loop



Wrap the rope around your hand so that the end of the first turn is positioned close to your fingertips. (1)  
Continue wrapping around so that the next turn finishes closer to your wrist. (2)  
Pick up the turn near your fingertips and pass it over and tuck it under the other two turns. (3)  
Slide the knot off your hand and pull the loop through the centre. (4)  
Tighten by pulling on the loop and both ends. (5/6)  
*The Alpine Butterfly, or Lineman's Loop, provides a secure loop in the middle of a piece of rope. Load can be safely applied to the loop, or the two ends, without the knot slipping. Even after a heavy load, the Alpine Butterfly Loop remains reasonably easy to undo.*  
*It is frequently used in winter climbing where a number of climbers are moving together linked by a single rope.*  
Pictures from [www.animatedknots.com](http://www.animatedknots.com)

### A Practical Skill: The Art of Storytelling

Consider the elements of the story: -Beginning, -Problem, -Changes, -Solution, -End

Think about your audience and the age group(s)

Are you sitting comfortably? Think of the location and the moment

Rehearse the story. How long does it take?

It's not just the story but also how the story is told that matters. Consider:

- ✓ "Character" voices
- ✓ Rhyme
- ✓ Use of hands, arms, expressions
- ✓ Visual Aids
- ✓ Sound effects
- ✓ An assistant (hidden?)
- ✓ Props
- ✓ Audience participation

